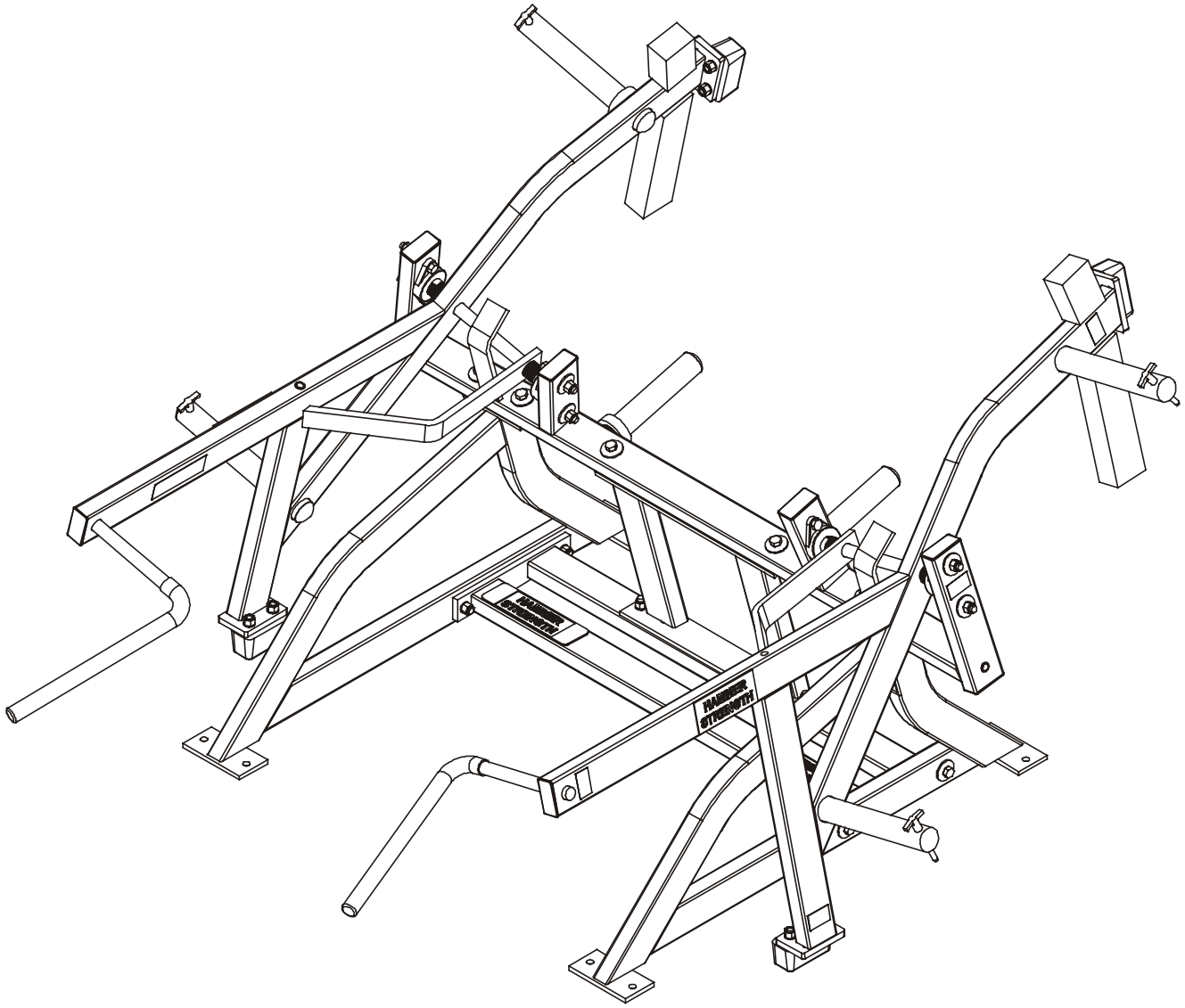
LifeFitness

HAMMER STRENGTH

GBZ – GROUND BASE ZERO



Customer Support Services

PARTS MANUAL

GBZ - GROUND BASE ZERO

Notes:

GBZ - GROUND BASE ZERO
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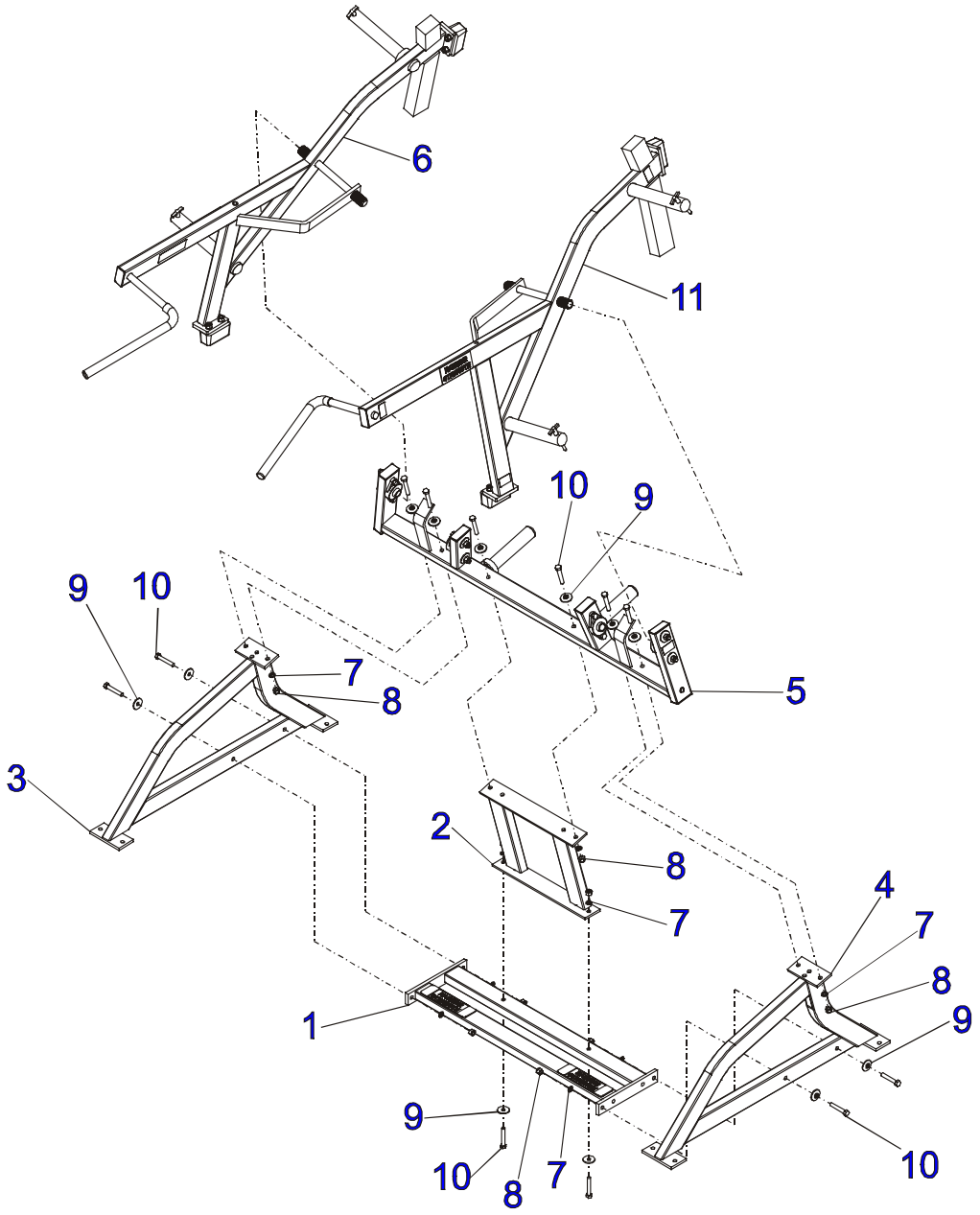
GBZ - GROUND BASE ZERO

COMPONENT ASSEMBLY

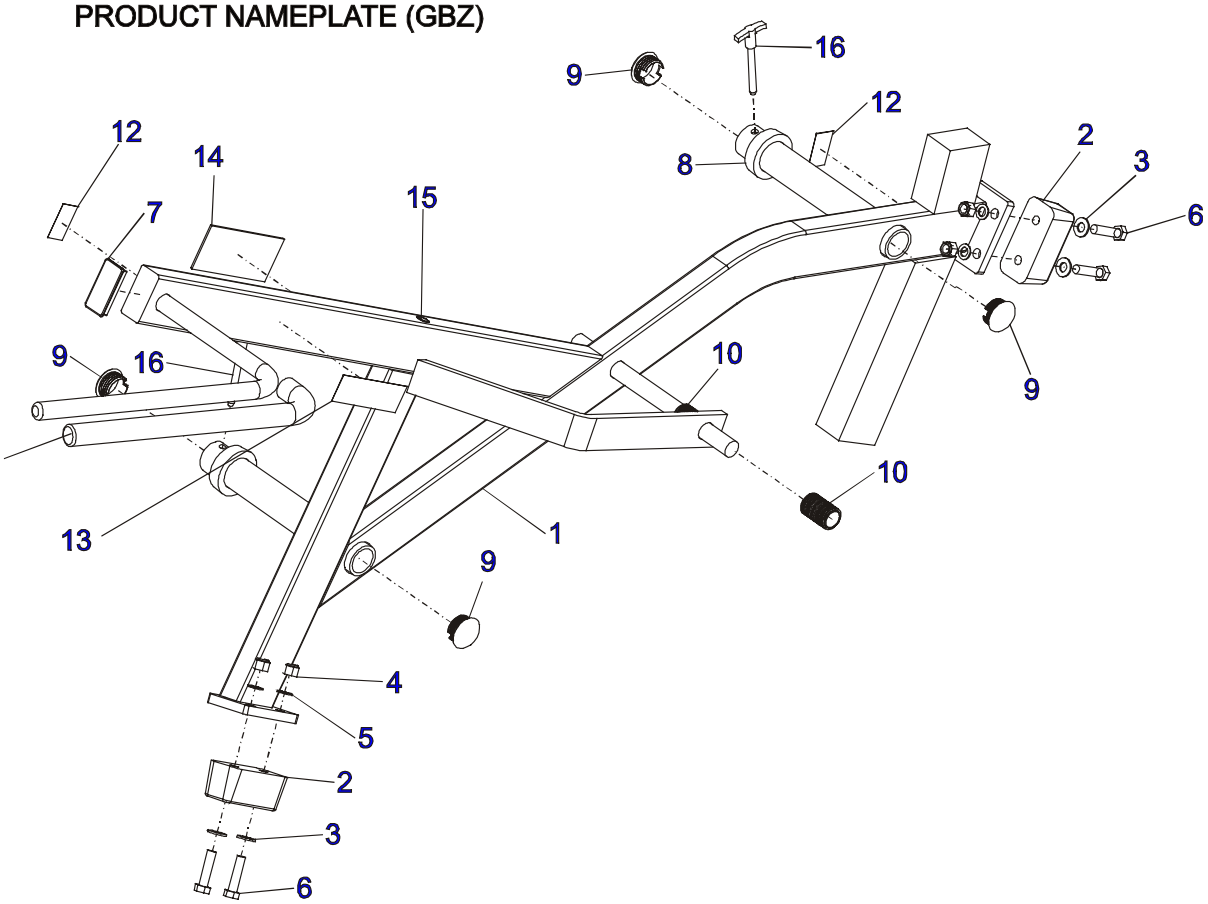


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	GBZ-CBX-0	GBZ BX ASSY
2	1	GBZ-HX-0	GBZ HX WELDMENT
3	1	GBZ-SF-0	GBZ SF WLDMT
4	1	GBZ-CSFR-0	GBZ SF ASSY RIGHT
5	1	GBZ-CTX-0	GBZ TX ASSY
6	1	GBZ-CMAL-0	GBZ MAL ASSY
7	12	WASH.5STAR	1/2" Internal Lock Washer
8	12	NUT.5LOCK	1/2" Thick Lock Nut
9	12	H-BACK-WASH	Backing Washer
10	12	HHB.5X3	1/2 X 3 Bolt
11	1	GBZ-CMAR-0	GBZ MAR ASSY

GBZ - GROUND BASE ZERO

LEFT MOVEMENT ARM ASSEMBLY

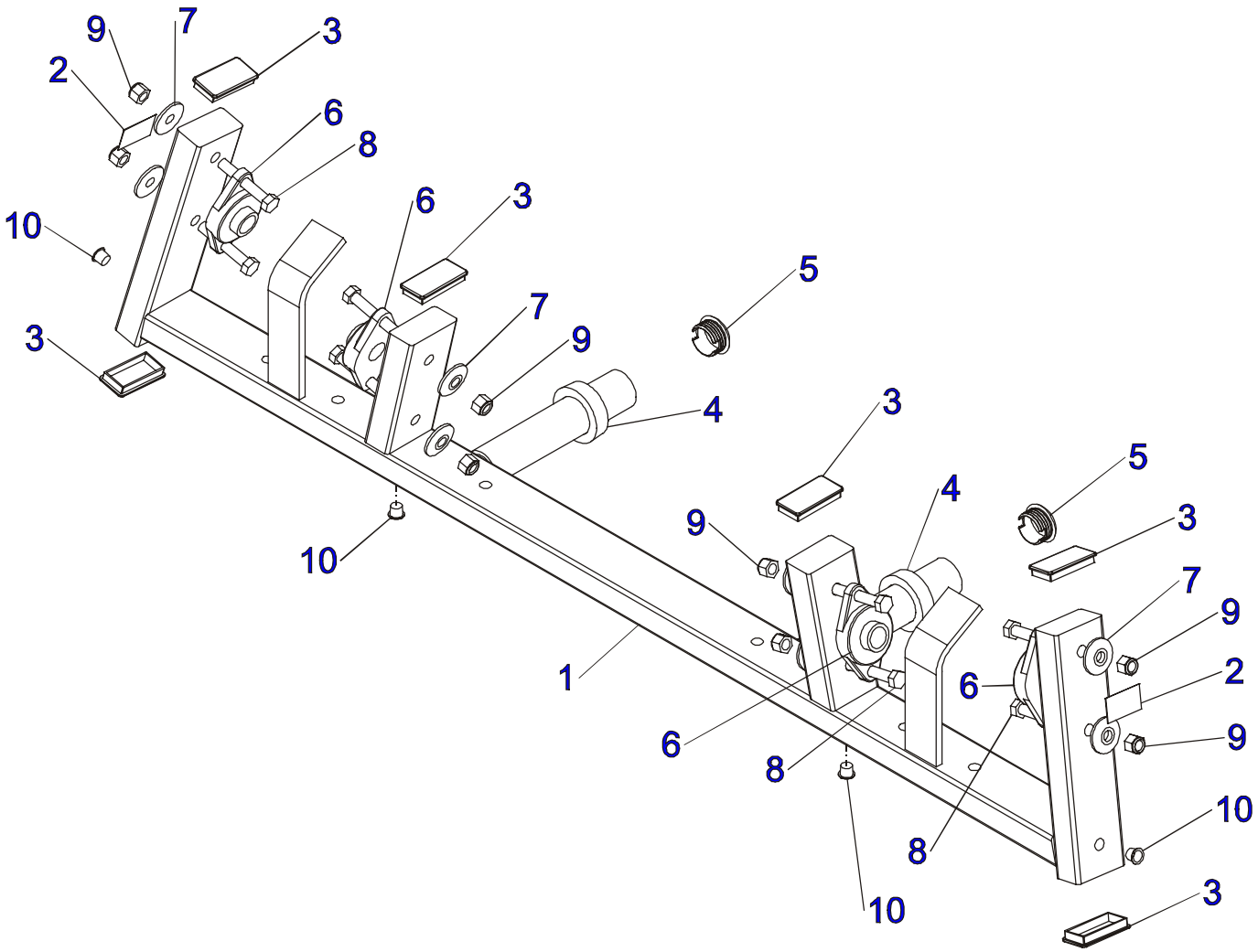
NOTES: CMAL SHOWN
CMAR MIRROR IMAGE WITH LARGE
WARNING DECAL IN PLACE OF
PRODUCT NAMEPLATE (GBZ)



ITEM NO	QTY.	PART NO.	DESCRIPTION
1	1	GBZ-MAL-0	GBZ MAL WLDMT
2	2	H-BUMP-MED	MM2 Medium
3	4	WASH.5SAE	1/2" SAE Flat Washer
4	4	NUT.5LOCK	1/2" Thick Lock Nut
5	4	WASH.5STAR	1/2" Internal Lock Washer
6	4	HHB.5X2	1/2 X 2 Bolt
7	1	H-PEND3	1 1/2 X 3 End Cap
8	2	H-RUBRNG	MM5 Ring
9	4	H-RUBCAP1	RUBBER CAP #1
10	2	ACCORDIAN	Shaft Guard
11	1	HGRIP-GBZ	HAMMER CLIP
12	2	STAY CLEAR	Stay Clear Decal
13	1	GROUND BASE ZERO	Product Decal
14	1	H-NAMEPLATE	Name Plate
15	1	H-HPLUG(REG)	Hole Plug
16	2	SELECTOR PIN-4	SELECTOR PIN 4 INCH

GBZ - GROUND BASE ZERO

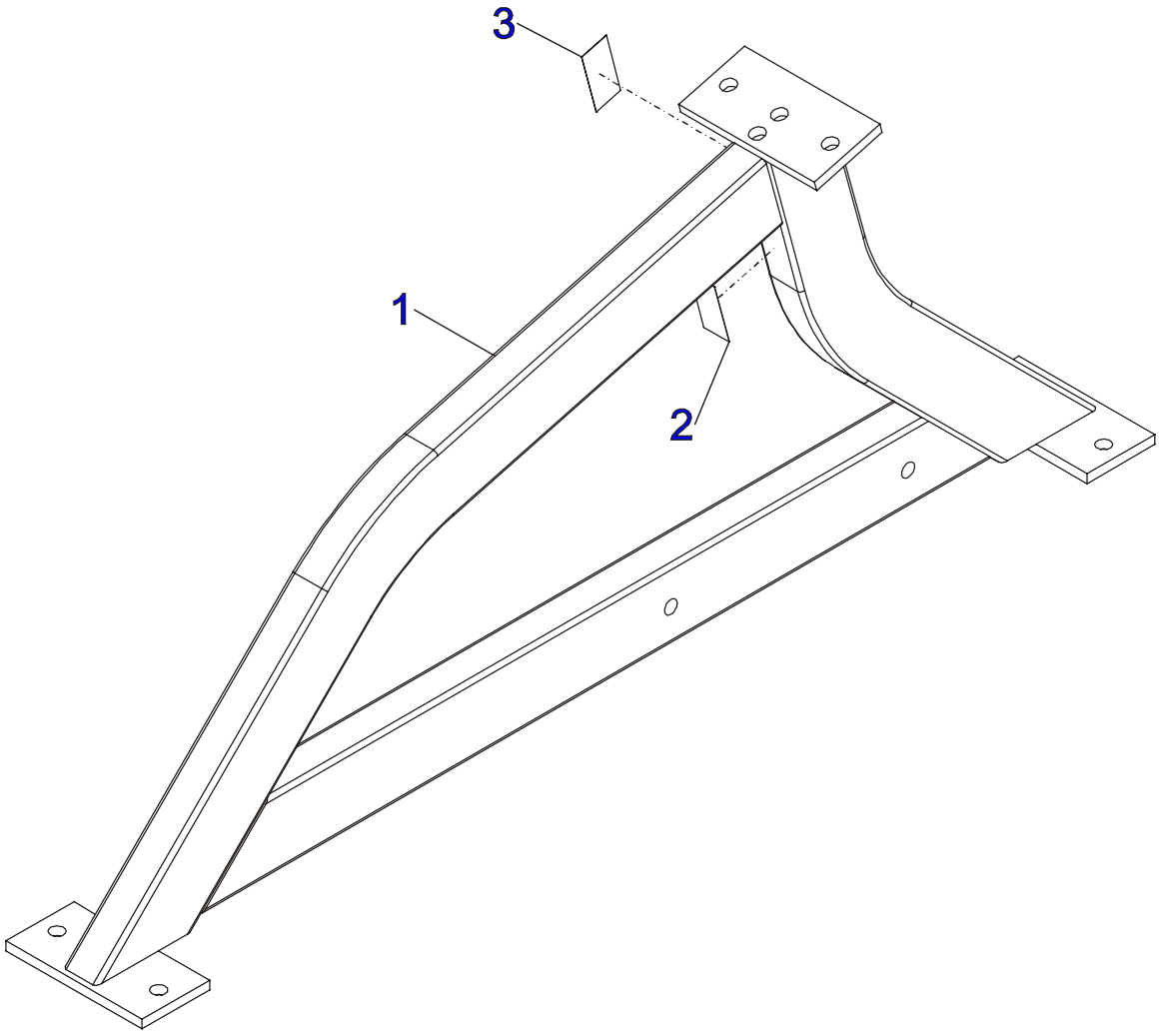
TOP FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	GBZ-TX-0	GBZ TX WLDMT
2	2	STAY CLEAR	Stay Clear Decal
3	6	H-PEND3	1 1/2 X 3 End Cap
4	2	H-RUBRNG	MM5 Ring
5	2	H-RUBCAP1	RUBBER CAP #1
6	4	H-BEAR-SML	Small Bearing
7	8	H-BACK-WASH	Backing Washer
8	8	HHB.5X3	1/2 X 3 Bolt
9	8	NUT.5LOCK	1/2" Thick Lock Nut
10	4	H-HPLUG(REG)	Hole Plug

GBZ - GROUND BASE ZERO

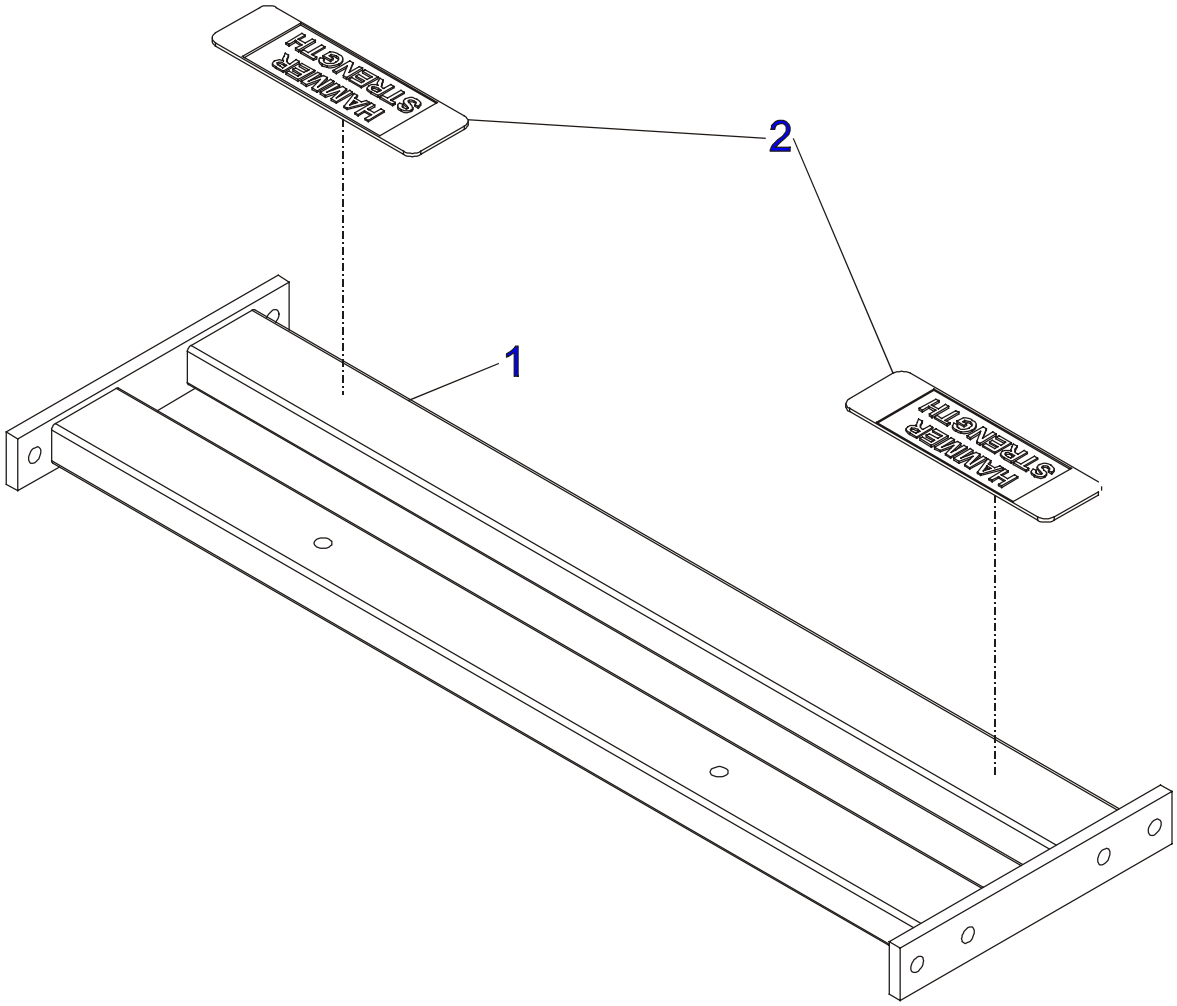
RIGHT SIDE FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	GBZ-SF-0	GBZ SF WLDMT
2	2	PATENT	Patent Decal
3	3	SERIAL NUMBER	Serial Number Decal

GBZ - GROUND BASE ZERO

BOX WELDMENT ASSEMBLY



ITEM NO	QTY.	PART NO.	DESCRIPTION
1	1	GBZ-BX-0	GBZ BX WLDMT
2	2	H-NONSKID3	2 5/8 X 9 Nonskid